

**Let the message about Christ, in all its richness, fill your lives.**

**May you never give up praying.**

**When you pray, may you keep alert and be thankful.**

**Pray that together we may make the message of the mystery of  
Christ as clear as possible.**

**Amen**

**(Based on Colossians 3 and 4)**

**Welcome to our meeting.** *Our meetings are designed so that we may grow together spiritually in a relaxed atmosphere of mutual respect and honour, recognising that we are all on a journey. Doubts and questions are welcome. We trust in God's unconditional love.*

**We begin** *by sharing time together then we pray, sometimes sing, read the scriptures, there is a short message and discussion.*

**We then** *pray for one another and for what is on our hearts.*

**We finish** *by praying together the prayer Jesus taught.*

✠ SEVENTEENTH SUNDAY AFTER PENTECOST -- PROPER 22 ✠

October 5, 2025

Year C, Revised Common Lectionary



GATES TO MOUNT ZION, Old City, East Jerusalem.

Lamentations 1:1-6    How lonely sits the city that once was full of people!  
How like a widow she has become, she that was great among the nations!  
She that was a princess among the provinces has become subject to forced

labour. She weeps bitterly in the night, with tears on her cheeks; among all her lovers, she has no one to comfort her; all her friends have dealt treacherously with her; they have become her enemies. Judah has gone into exile with suffering and hard servitude; she lives now among the nations; she finds no resting place; her pursuers have all overtaken her in the midst of her distress. The roads to Zion mourn, for no one comes to the festivals; all her gates are desolate; her priests groan; her young girls grieve, and her lot is bitter. Her foes have become the masters; her enemies prosper because the LORD has made her suffer for the multitude of her transgressions; her children have gone away, captives before the foe. From daughter Zion has departed all her majesty. Her princes have become like stags that find no pasture; they fled without strength before the pursuer.

Lamentations 3:19-26 The thought of my affliction and my homelessness is wormwood and gall! My soul continually thinks of it and is bowed down within me. But this I call to mind, and therefore I have hope: The steadfast love of the LORD never ceases, his mercies never come to an end; they are new every morning; great is your faithfulness. “The LORD is my portion,” says my soul, “therefore I will hope in him.” The LORD is good to those who wait for him, to the soul that seeks him. It is good that one should wait quietly for the salvation of the LORD.

### Psalm 137

- ✧ By the rivers of Babylon— there we sat down, and there we wept when we remembered Zion.
- ✧ On the willows there we hung up our harps.
- ✧ For there our captors asked us for songs, and our tormentors asked for mirth, saying, “Sing us one of the songs of Zion!”
- ✧ How could we sing the LORD’s song in a foreign land?
- ✧ If I forget you, O Jerusalem, let my right hand wither!
- ✧ Let my tongue cling to the roof of my mouth, if I do not remember you, if I do not set Jerusalem above my highest joy.
- ✧ Remember, O LORD, against the Edomites the day of Jerusalem’s fall, how they said, “Tear it down! Tear it down! Down to its foundations!”
- ✧ O daughter Babylon, you devastator! Happy shall they be who pay you back what you have done to us!
- ✧ Happy shall they be who take your little ones and dash them against the rock!

2 Timothy 1:1-14 Paul, an apostle of Christ Jesus by the will of God, for the sake of the promise of life that is in Christ Jesus, To Timothy, my beloved child: Grace, mercy, and peace from God the Father and Christ Jesus our Lord. I am grateful to God—whom I worship with a clear conscience, as my ancestors did—when I remember you constantly in my prayers night and day. Recalling your tears, I long to see you so that I may be filled with joy. I am reminded of your sincere faith, a faith that lived first in your grandmother Lois and your mother Eunice and now, I am sure, lives in you. For this reason I remind you to rekindle the gift of God that is within you through the laying on of my hands, for God did not give us a spirit of cowardice but rather a spirit of power and of love and of self-discipline. Do not be ashamed, then, of the testimony about our Lord or of me his prisoner, but join with me in suffering for the gospel, in the power of God, who saved us and called us with a holy calling, not according to our works but according to his own purpose and grace, and this grace was given to us in Christ Jesus before the ages began, but it has now been revealed through the appearing of our Savior Jesus Christ, who abolished death and brought life and immortality to light through the gospel. For this gospel I was appointed a herald and an apostle and a teacher, and for this reason I suffer as I do. But I am not ashamed, for I know the one in whom I have put my trust, and I am sure that he is able to guard the deposit I have entrusted to him. Hold to the standard of sound teaching that you have heard from me, in the faith and love that are in Christ Jesus. Guard the good deposit entrusted to you, with the help of the Holy Spirit living in us.

Luke 17:5-10 The apostles said to the Lord, “Increase our faith!” The Lord replied, “If you had faith the size of a mustard seed, you could say to this mulberry tree, ‘Be uprooted and planted in the sea,’ and it would obey you. “Who among you would say to your slave who has just come in from ploughing or tending sheep in the field, ‘Come here at once and take your place at the table’? Would you not rather say to him, ‘Prepare supper for me; put on your apron and serve me while I eat and drink; later you may eat and drink’? Do you thank the slave for doing what was commanded? So you also, when you have done all that you were ordered to do, say, ‘We are worthless slaves; we have done only what we ought to have done!’”

*A short message may be given followed by open discussion.*

**Let us pray for one another and our world as the spirit leads.**

**Listen carefully to these words from Jesus' Sermon on the Mount:**

Matthew 6:16-18

<sup>16</sup> 'And whenever you fast, do not look dismal, like the hypocrites, for they disfigure their faces so as to show others that they are fasting. Truly I tell you, they have received their reward. <sup>17</sup> But when you fast, put oil on your head and wash your face, <sup>18</sup> so that your fasting may be seen not by others but by your Father who is in secret; and your Father who sees in secret will reward you.<sup>[a]</sup>

Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin  
against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power,  
and the glory are yours  
now and for ever.  
Amen.

**Numbers 6:24-26**

The LORD bless you and keep you;  
the LORD make his face to shine  
upon you, and be gracious to  
you; the LORD lift up his  
countenance upon you, and give  
you peace.

Please join us to find a place of prayer and rest in a busy week. From intimacy in prayer God is able to do many things. Wednesday at 8pm or 7pm for soup.

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